COOLANGATTA SLSC NIPPERS

INFORMATION HANDBOOK SEASON 2026/27

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Facebook:	Coolangatta SLSC Nippers
	Coolangatta SLSC Members Page
SLS Hub Portal:	https://hub.sls.com.au/
SLSQ Website:	https://lifesaving.com.au/junior-activities-centre

Please Note: All times in the handbook are Qld times

WELCOME TO NIPPERS!

Welcome to another exciting Nippers season at Coolangatta Surf Life Saving Club! To our returning families, we're thrilled to have you back for another summer of fun, friendship, and unforgettable days on the sand and in the surf. To those joining us for the first time, a very warm welcome to the Cooly family and the proud tradition of Surf Life Saving. Our Nippers program is all about creating a safe, inclusive, and supportive environment where children can build confidence, develop essential beach and surf skills, make lifelong friends, and most importantly, have fun.

Every Nipper starts by learning to enjoy the beach safely, build their surf skills and confidence, with many going on to become the next generation of volunteer lifesavers at Coolangatta. Looking forward to seeing you on the beach!

Claire Hicks

Junior Activities Chairperson

Sat	29-Aug-26	Trivia Night
Sat	12-Sept-26	Youth Tree Tops Challenge
Sun	13-Sept-26	Nipper Sign on at TRAC (9am-1pm) + Age Manager Training Day
Sun	20-Sept-26	Skills Maintenance #1 + Followed by Welcome to Season
Tue	22-Sept-26	Nipper Committee Meeting 6:30pm (Online)
Sun	27-Sept-26	Nippers Commences + North QLD Camp Helpers
Sun	11-Oct-26	GC50 – Nippers in split locations TBC
Sun	18-Oct-26	Cooly Gold – NO NIPPERS
Sat	24-Oct-26	Skills Maintenance #2
Sun	25-Oct-26	Point Score Round 1
Sat	31-Oct-26	Youth Scenario Day + Halloween Party
Sun	1-Nov-26	Red Hot Summer Festival – U6-U9 @ Jack Evans Boat Harbour, U10-U14 at Cooly
Sat/Sun	7/8-Nov-26	Gold Coast City Titles @ North Kirra
Sun	22-Nov-26	Skills Maintenance #3
Sun	15-Nov-26	Point Score Round 2
Sat	5-Dec-26	Skills Maintenance #4
Sun	6-Dec-26	Point Score Round 3
Sat/Sun	5/6-Dec-26	Interbranch Championships @ South Coast Branch
Sun	13-Dec-26	Nipper Christmas Break Up
Fri-Sun	15-17-Jan-27	Point Lookout Youth Trip
Sun	17-Jan-27	Nippers Resumes + Nipper Committee Meeting After Nippers
Sat/Sun	22/23-Jan-27	PDB Surf Rescue Champs @ Bilinga
Sun	24-Jan-27	Australia Day Nippers
Sun	31-Jan-27	Point Score Round 4 (if required)
Tue	9-Feb-27	Nipper Committee Meeting 6:30pm (Online)
	12-14-Feb-27	PDB Youth Champs @ TBC
Sat	6-Mar-27	PDB U8s-U10s Carnival @ Tallebudgera
Sun	7-Mar-27	Nipper AGM (TBC) + Clean Up Australia Day Nippers
	11-14-Mar-27	QLD Youth Champs @ North Kirra
Sun	21-Mar-27	End of Season Presentation & Break Up Party

SUNDAY NIPPERS

Please ensure your child arrives at Nippers, ready to go on time, and brings the following labelled items. This ensures we can complete all lessons planned, including time for fun and socialising.

- Club Cap
- Long Sleeve Pink Rashie
- Water Bottle
- Wristband
- Sunscreen & Goggles

To participate in Nipper Activities and any training sessions, it's compulsory that:

1. the minimum Junior Preliminary Skills Evaluation has been achieved
2. all Nippers must be 'signed on' and 'signed off' by their Age Manager for Nippers and training sessions.
3. all Nippers must wear the Club Cap and long sleeve pink rashie at Nippers and training sessions
4. at the conclusion of Nippers or training session, your child will be released into your care, the Club cap must be removed and, if staying at the beach, Nippers should always swim between the flags

NIPPERS SUNDAY MORNING SCHEDULE

TIME	ACTIVITY	LOCATION	RESPONSIBLE
7.00am	Beach Set Up Training	Beach Beach/Water	Parent/Guardian Helpers Coach, Water Safety Personnel
7:30am	Age Manager Briefing Water Safety & NSA Briefing Nipper Sign On	Club House Club House Club House	JAC / Age Manager Water Safety Supervisor Parent / Guardian
7.45am	Nipper Briefing Nipper of the week announcement	Club House	JAC / Nipper Captains
8.00am 8.00am	Start on Beach Warm Up	Beach	All Age Managers
8.15am – 10.00am (approx.)	Activity Rotations	Beach/Water/ Training Room	Age Managers, Water Safety Personnel, JAC
9.15am	Nipper BBQ preparation	Club House	Parent/Guardian Helpers
10.00am (approx.)	Nipper Sign Off & Finish Time Beach Pack Down	Beach Beach	Age Managers, Parent/Guardian Parent/Guardian Helpers
10.00am	Nipper BBQ	Club House	Parent/Guardian Helpers

SUNDAY BBQ

After Nippers each Sunday, we fire up the BBQ and all registered Nipper members are invited to enjoy a complimentary sausage sizzle. It's one of the best parts of the morning, a chance for families to stick around, catch up with old friends, meet new ones, and enjoy everything that makes Sundays at Cooly so special.

BEACH & SURF ACTIVITIES

SHALLOW WADE (U6 & U7) - Competitors run past a line of parents in the water about knee deep helping them to develop skills for surf racing and water confidence.

WADE (U8+) - Competitors run & dolphin dive through a line of parents in the water about waist deep helping them to develop skills for surf racing and water confidence.

SWIM (U9+) - Competitors sprint into water where they swim around a string line of set cans to the finishing line on the beach. Distance varies depending on age group.

SPRINT (U6+) - Soft sand running 70 metres.

FLAGS (U6+) - Competitors lie on the sand face down, when a whistle is blown, they spring to their feet, turn & sprint to obtain a flag at the other end of a 16-metre arena.

BOARD EVENT (U9+) - Competitors run with their boards from the start line, paddle around a triangle of cans (set in the water at varying lengths depending on their age), to the finish line on the beach.

IRON PERSON (U11+) - Competitors complete a board, swim and run course

AGE MANAGERS

Parents or club members who volunteer their time on a Sunday morning to develop the surf lifesaving skills of Nippers in a fun, safe and organised environment. An Assistant Age Manager award is also available for youth between the ages of 13 and 15 years to help with Nippers.

WATER SAFETY

Water Safety personnel are crucial to the operation of Nippers on a Sunday, at water training sessions and carnivals, as they ensure Nippers remain safe whilst in the water.

Water Safety personnel are parents, patrol members or other club members over the age of 13 who have completed their Bronze Medallion or Surf Rescue Certificate (SRC).

PARENT INVOLVEMENT

Parents are encouraged to be actively involved in their child's Surf Life Saving education, and Nipper's love having their parents join in. Parent involvement is vital to the running of Nippers and can be done with any skill level.

If a child wishes to compete at a carnival, parent assistance is required in either official capacity ie Water Safety, Officials or assistance with Age/Team Managers present.

WEEKLY AWARDS

- Each week, Age Managers select a Nipper within their Age Group who demonstrate sportsmanship, effort, a positive attitude or improvement
- The Nippers selected will be acknowledged and presented at the next Nipper morning
- They will also go into a 'Nipper of the Week' draw to win a great prize and must be present to win

Weekly Awards include Nipper Meal Vouchers from our Supporters Club – The Surf Club Coolangatta and other kindly donated vouchers. A list of current sponsors will be displayed at Nippers weekly.

Please support businesses that support our Club.

COOLANGATTA SURF CLUB

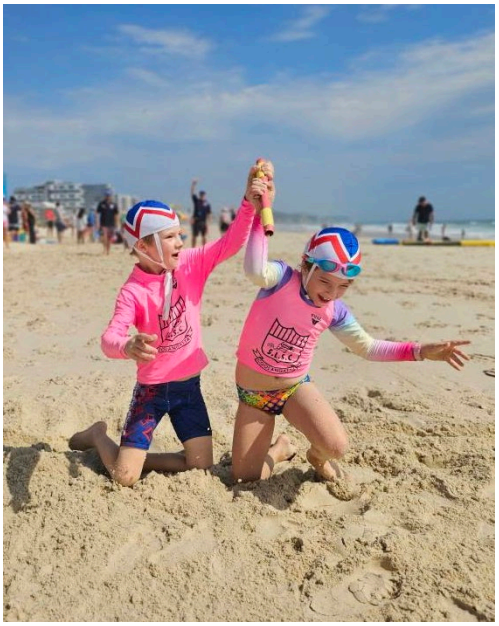
Please note: A Parent or guardian MUST be on the beach with their child/children at ALL times. If you need to leave the beach for any reason, including assistance with BBQ, please advise your Age Manager

AGE MANAGERS 2026/27		
AGE GROUP	AGE MANAGER/S	Age Manager Assistants
U6 Crocs	Maddy Willis, Bronwyn Willis	Sophie Ling Charli Bowden Caitlin Govenlock Amala Bradley Asher Sellick Gabriella Doman Miley Zimmerle
U7 Crocs	Luke Moy, Natasha Cook	
U8	Chloe Smith	
U9	Brook Brindley, Matt Philis	
U10	Ella Hicks, Ben Hicks, Claire Bush	
U11	Andrew Wilson, Kelly Cano	
U12	Lauren Kimmins, Damian Ling	
U13	Grace Govenlock, Ben Keevers	
U14	Belinda Doman	
Floating Age Managers	Matt Cartwright, Paul Barrenger, Alison Browning, Kylie Keegan, Leanne Ward, Brendan Zimmerle	

JUNIOR ACTIVITIES COMMITTEE 2026/27

POSITION	NAME
Junior Activities Chairperson (JAC)	Claire Hicks
Junior Activities Deputy Chairperson	Lyn Kirkwood & Leanne Ward
Secretary	Lauren Kimmins
Registrar	VACANT
Endorsed Age Managers (formerly JAAO) & other approved signatories for evaluations	Grace Govenlock, Ben Hicks, Claire Hicks, Kylie Keegan, Ben Keevers, Lauren Kimmins, Craig Rideout, Michael Taylor, Leanne Ward
Awards Coordinator	Kate Dykstra
Youth Development Officer	Tristan Browning
Chief Water Safety Officer	Nigel Ward
Deputy Chief Water Safety Officer	Tristan Browning, Craig Rideout
Gear Steward	Craig Rideout
BBQ Coordinator	Rod Tyler
Clothing Coordinator	Lauren Kimmins
Education Officer	Belinda Doman
Publicity Officer	VACANT
Club Photographer	VACANT
Carnival Nomination Officer	VACANT
Team Manager U8-U10	Ben Hicks
Team Manager U11-U14	Alison Browning

All of the positions on the Committee, including Age Managers, Carnival Officials and Water Safety are volunteer positions. We sincerely thank these people and their families for giving up their time each season for the benefit of Cooly Nippers.



COMMUNICATION

Our Club engages several strategies to keep members informed and up-to-date with latest information and any changes. Standard communication is by email, SMS, Facebook, WhatsApp or on our website. If your contact details change eg. Email or mobile phone number, please update in your SLSA Members Area Portal.

CANCELLATIONS & CHANGES DUE TO WEATHER

For weather cancellations or changes to the location, date or time of an event we will:

- Send all members an SMS via mobile phone, either the night before or early on the morning of Nippers
- Post a notice on the Nippers Facebook page – Coolangatta SLSC Nippers

GENERAL COMMUNICATION

To assist in ensuring our general communication is effective and meets your needs, please assist by:

- Ensuring your contact details are current. If your contact details change eg. Email or mobile phone number, please update in the SLSA Members Area Portal or contact the office
- Attend and actively listen to the JAC's briefing at the commencement of Nippers on Sunday mornings
- Regularly check Coolangatta SLSC website and Nippers Facebook page for information about events and updates

FEEDBACK & SUGGESTIONS

Your questions, feedback and suggestions are encouraged and valued and will be used by the Junior Activities Committee to improve our club and its services.
You can provide your feedback in the following ways:

- Approach your Age Manager with feedback and/or suggestions
- Send an email to our Junior Activities Secretary at nippers@coolangattaslsc.com.au
- Approach a member of the Junior Activities Committee

LOST PROPERTY

Lost property can be minimised by ensuring all items are clearly labelled with the child's name. Encouraging your child to take responsibility for their personal items can also reduce lost property within the club.

Items of Lost Property will be displayed within the club house, and our JAC will remind Nippers and their parents to regularly check for lost property items. Any unclaimed items will be donated to charity.

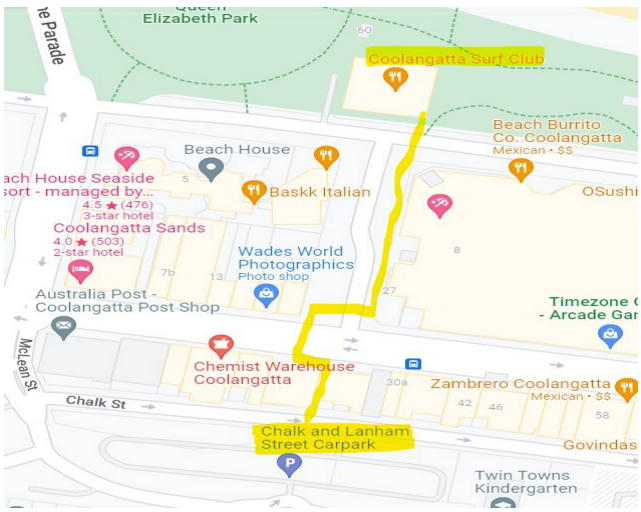
PARKING

Please be aware there are a number of parking restrictions around our Surf Club.

We recommend using the Chalk and Lanham Street Car Park (refer to map). It's 2 blocks back, a short walk to the Surf Club and not time restricted. (park inside car park not street and always refer to signage)

Parking along Marine Parade has a 3 hour time limit and is regularly patrolled by Ticketing Officers.

Parking under The Strand Shopping Centre has a 2 hour time limit, after 2 hours they will charge you a fee.



JUNIOR PRELIMINARY SKILLS EVALUATION

To ensure all children have a suitable swimming ability to allow them to participate in Nipper activities, every junior member is required to:

1. participate in the **Junior Preliminary Evaluation (Pool Evaluation)** prior to any junior activities being undertaken. It includes a pool swim, a timed survival float and a submersion task. This must be successfully completed before any water activity is undertaken.
2. once the Pool Evaluation is successfully completed, complete the **Competency Beach Evaluation (Run-Swim-Run)** prior to any junior activities competition being undertaken, and prior to gaining their Age Award
3. complete the **Junior Competition Evaluation** for their age group, if they wish to compete at inter-club competition and carnivals. This is only compulsory for U8+ who wish to compete.

Junior Preliminary Evaluations – SLSQ

Age Group	Flotation	Submersion	Propulsion
Under 6	Back or front float for a minimum of 5 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.
Under 7	Back or front float for a minimum of 10 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)
Under 9	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.	Submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.
Under 10			Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.
Under 11	Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.
Under 12	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 13			Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 14		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.

Junior Competition Evaluations – SLSQ

Age Group	Competition Evaluation
U6 – U7	Nil
U8	Wade (no water competition, except for wade which takes place in waist-deep water)
U9-U10	Minimum 150m open water swim (overarm stroke)
U11-U14	Minimum 200m open water swim (overarm stroke)

NIPPER AGE GROUP QUICK REFERENCE

The below table indicates the birth year/month and relative age group for members in the 26/27 season.

	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEP
U6	2020	2020	2020	2021	2021	2021	2021	2021	2021	2021	2021	2021
U7	2019	2019	2019	2020	2020	2020	2020	2020	2020	2020	2020	2020
U8	2018	2018	2018	2019	2019	2019	2019	2019	2019	2019	2019	2019
U9	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U10	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U11	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U12	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U13	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U14	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U15	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012

JUNIOR SURF EDUCATION & AGE AWARD

Each Age Group has specific learning goals set by SLSQ. The program is designed to ensure children have fun at the beach while participating in lessons that will provide them with a pathway to become a fully rounded participant in both lifesaving and sport activities. The program includes a wide range of subjects and skills relative to the aquatic environment and prepares Junior Activities members for their transition to becoming a senior member and aims to promote the spirit of camaraderie and citizenship within the community.

- Nippers must achieve minimum learning goals, as set by SLSQ, to be eligible to receive their SLSQ Age Award
- Age Awards must be achieved by December for Nippers to compete at certain carnivals
- Age Managers will lead their Age Groups in achieving their learning goals each week at Nippers

Age Guides for each Age Group can be found on the SLSQ website – Junior Activities Manual

ATTENDANCE

- Nippers must achieve minimum learning goals, as set by SLSQ, to be eligible to receive their SLSQ Age Award. Regular attendance at Nippers is recommended
- A minimum of 50% attendance at Nippers is required to qualify for the Annual End of Season Nipper Club Awards. Competing at carnivals counts as attendance

NIPPER TRAINING

- Additional training is available to Nippers aged 9+ in Beach, Surf Swim & Board
- The Nipper Coach will post a Training Schedule at the Club and on the Nipper Facebook page
- Any training changes will be updated on the Nipper Facebook page
- Water Safety personnel are required for water-based training sessions
- All Nippers must be 'signed on' and 'signed off' by a parent/guardian
- It's compulsory for the Club Cap & Long Sleeve Hi Vis pink Rashie to be worn during training

POINT SCORE CHAMPIONSHIP

- Throughout the Nipper season, three Sundays are allocated to Point Score Competition
- Age Groups (excluding U6/7) compete for points in Nipper Beach & Surf Activities
- The best two results from the three Point Score Rounds are counted towards the End of Season Award
- Each Nipper to compete in an event will accrue 1 point, with the place-getters accruing the following points:
  - 1st – 6 points
  - 2nd – 5 points
  - 3rd – 4 points
  - 4th – 3 points
  - 5th – 2 points

HOW PARENTS CAN HELP

Each Sunday, parents/s and Nippers are required to assist in making Nippers a great experience for everyone. This is a fantastic opportunity for our Nippers to learn from us the importance of community involvement and community service. Any member help is greatly appreciated and Many Hands Make Light Work.

SET UP

Please arrive early each Sunday if possible, to assist our Gear Steward set up the beach stations in preparation for Nipper activities.

BBQ

Our BBQ Coordinators require assistance from approximately 9:15am each Sunday to assist with preparing, cooking and serving food for our Nipper families. Age Groups are rostered for BBQ duty weekly, which will be posted and announced weekly at Nippers.

PACK UP

Please help on the beach at the end of Nippers to assist with packing up the equipment on the beach. Alternately you can assist outside the clubhouse to hose down the boards and pack up the Nippers trailer.

RAFFLES & FUNDRAISING

Major Club Raffles

Major raffles form a part of our club's fundraising each year ie Australia Day raffle, Easter etc. Tickets are sold upstairs in our restaurant and bar area. If you are available to fill a spot on the rosters to help represent the Nipper section, it would be greatly appreciated.

Coolangatta Gold & Cooly Rocks On

Each year our club hosts the iconic Coolangatta Gold event. This, and Cooly Rocks On, are major fundraising events in our annual calendar. Lots of assistance from members is required and the turnout of members to help at these events highlights the camaraderie and teamwork at the club. A few hours can make a big difference to the overall success of the event, so please consider signing up to help out. Look for sign on sheets around the club to register, in the lead up to the events.

OTHER WAYS TO HELP

- Assist your Age Manager run beach activities
- SLSA are introducing a new Nipper Safety Award (NSA) to help with water safety in the U6-U8 Age Groups. Stay tuned for more information.
- Become an Age Manager
- Become an Official, so Nippers can compete at Carnivals
- Complete a Surf Rescue Certificate or Bronze Medallion to assist as Water Safety personnel
- Complete an SSV/Tractor course to assist with setting up and packing up the beach
- Utilise the bar, café and bistro facilities in the upstairs Supporters Club and the Board Short Barista Café downstairs
- Assist when our club is hosting carnivals at our beach and other fundraising initiatives

CARNIVALS

Attending Junior Surf Life Saving Carnivals can be a fun competitive way of improving your child's surf skills and nurtures great team spirit. Whilst we encourage participation at Carnivals, it certainly is not compulsory. Coolangatta SLSC is a member of Point Danger Branch (PDB), who conduct carnivals during the season for U8's and above. These carnivals are competitions between the different surf clubs within the southern end of the Gold Coast from Tallebudgera to Rainbow Bay. Carnivals are generally U8-U10 or U11-U14.

CARNIVAL ENTRIES

- Upcoming Carnival dates and entry criteria will be announced at Nippers
- Nippers wishing to compete in Carnivals must:
    1. complete a 'Competitor Policy & Agreement' Form
    2. have fulfilled the level of attendance and proficiency, at both Nippers and Training, as specified in the Competitor Policy & Agreement, or required by SLSQ
    3. complete and submit a Carnival Nomination Form, by the due date
- Parents of children competing in Carnivals are expected to assist on the day

CARNIVAL DAYS – WHAT TO DO

Please ensure each Nipper brings healthy food, water, sunscreen, club swimwear, Live Heats wristband if you've received one previously, club cap, Long Sleeve High Vis pink Rashie and goggles if required. These Junior Nipper carnivals are often used as training for carnival officials so please be patient and be prepared for events to take a little longer. Please be at the club tent at least 30 minutes before the carnival commences for a team warm up.

- No jewellery to be worn during competition, girls or boys
- All non-officials and non-competitors are required to stay out of the competition area
- Age Managers will be responsible for their respective Age Groups and under the direction of the Team Manager
- When not racing, all competitors must remain under the tent. If you leave the tent you must inform your Age Manager or Team Manager
- The competition tents are for club officials, club water safety and most of all, our competitors so please bring extra shelter if needed
- Parents must let the Age Manager know as soon as possible if their child cannot attend a carnival or participate in an event once nominated. Nippers who nominate for a competition and do not attend may be required to reimburse the club for the entry costs. No child will be forced to compete if they do not want to or the Age Manager/Team Manager/Coach thinks they are not capable. Their decision is final and we ask all parents to support this
- No drinking of alcohol or smoking within the carnival area
- No photography or videoing is permitted in the competition area without a permit
- If you use club equipment, please respect it and return it when finished

Coolangatta SLSC encourages all our competitors to participate in the spirit of sportsmanship and demonstrate pride in wearing the Red, White & Blue of Cooly SLSC.
Enjoy the day, support your club mates and wear your club colours with pride!

CARNIVAL COMPETITION EVENTS

U8	wade, sprint, flags
U9	wade, sprint, flags, swim, board
U10	wade, sprint, flags, swim, board
U11-U14	sprint, flags, surf race, surf teams, board relay, board rescue, ironperson, run (1km U11, U12 & U13, 2km U14), cameron relay, beach relay, R&R, march past and pool rescue
Wade (U8-U10)	Competitors line up 10 metres before the water line and on the start signal enter the water and proceed to wade a 70 metre course around three people (standing in knee deep water).
Wade Team (U8-U10)	Teams of four conducted same as above.
Surf Races (U9-U14)	The competitors sprint from a line on the beach into the surf, where they swim around a can and then return to shore and sprint 15 metres to the finish line. This event combines swimming prowess with other surf skills such as porpoising, wading and catching waves.
Surf Teams (U11-U14)	Teams consist of four members, all of whom must complete the course. Teams are allocated points based on the finishing position of each team member to determine final placings.
Cameron Relay (U9-U14)	Teams of four (swimmer, two runners, and a board paddler). On the start signal, the swimmer enters the water for a 150 metre swim leg, returns to the beach to tag the runner who sprints 90 metres to tag the board paddler. The board paddler paddles a 200 metre course, returns to shore to tag the second runner, who then sprints to the finish line.
Board Races (U9-U14)	Involves paddling fibreglass or foam boards from the beach through the break and around a set of buoys and back to the beach, covering a distance of 300m.
Board Rescue (U11-U14)	Each team consists of a swimmer and aboard paddler. On the start signal, the swimmer enters the water, swims to the buoy and raises one arm to signal the board paddler. The board paddler enters the water, paddles to the swimmer and places the swimmer on the board to paddle back to shore. This is a test of surf skill and knowledge, for losing the board and the swimmer could bring disqualification.
Ironperson (U11-U14)	This is considered the penultimate event in surf lifesaving, and involves board, swim and sprint to test our young life savers' fitness and skills. The event involves a swim leg of 150m, a board leg of 200m, and a beach sprint of 30m.
Beach Sprints & Relays (U8-U14)	The beach sprint is one of the most closely contested events and considered by many to be the 'blue ribbon' event of surf lifesaving carnivals. Competitors sprint a beach track of either 50m or 70m, depending on the age group. Beach relay teams consist of 4 competitors. All age relays consist of 2 competitors from each age group.
Beach Flags (U8-U14)	Competitors in this event lay face down on the sand, facing away from a 'flag'. After a whistle signal competitors spring to their feet, turn around and race to claim one of the 'flags'. This is a knockout event, so in each round one or two competitors are eliminated until there is only one competitor left.
R & R (U11-U14)	These two and five-person team events allow members to demonstrate their teamwork, rescue, patient assessment, resuscitation and patient recovery.
March Past	This is a traditional event showing the colourful parade of Club pride. Teams of 12 are judged on their ability to march correctly to a pre-determined drill.
Pool Rescue	Traditional lifesaving competition in Australia occurs at a beach. In contrast, Royal Life Saving in Australia, and many countries around the world, have a focus on pool lifesaving

	and pool rescue competition. Competitors test their rescue skills in the pool with events such as manikin tows, obstacle swims and tube swims carrying patients. SLSA Pool Rescue competitions are usually held during the winter months. Further, it is now deemed virtually essential for athletes to have pool rescue skills among their credentials for consideration to be selected for Australian teams, enhancing the importance of this competition in rounding out a competitor's skill set.

Coolangatta Surf Life Saving Club

JUNIOR COMPETITOR POLICY & AGREEMENT

The following Policy statement was adopted at the Management Committee meeting held in February 2022.

This policy is for all Junior Competitive Members of the Coolangatta Surf Life Saving Club (CSLSC). A Junior Competitive Member is defined in this document as a registered Junior Activities Member, has completed the necessary pre-requisite evaluations and awards, who holds their competitive rights at Coolangatta SLSC and participates in carnivals associated with surf lifesaving as a representative of Coolangatta SLSC.

This Policy outlines the roles, responsibilities and expectations of competing members and the Club. The Junior Activities Member and their parent/guardian is responsible to ensure they understand and meet the expectations as outlined within this Junior Competitor Policy.

All members, including competitive members of CSLSC are expected to adhere to the SLSA Code of Conduct.

Further, it is important members, and their parent/guardian are familiar with and adhere to the current Surf Sports Manual (particularly section 2.3.5 - Under 8 to Under 14 Years) and SLSA Guidelines for Competition Eligibility.

As a CSLSC junior competitor and parent/ guardian you understand and agree that:

1. Junior Competitors who have not completed 60% attendance for CSLSC Nippers but wish to compete for the club will be considered on a case-by-case basis via written request to the Management Committee.
2. If a competitor withdraws without an acceptable reason or does not attend a carnival/ competition paid for by the Club, the member is responsible to repay the full carnival entry fees. Fees should be repaid to the club within three weeks.
3. In the case where a late entry fee is incurred due to the fault of the competitor, the competitor will be responsible for the late entry component.
4. In the case carnival entry fees are not repaid, the competitor will not be entered into any further carnivals and be unable to participate in club championship rounds.
5. Junior Competitors arrange and pay for their transport to and from the competition/carnival, and accommodation and meals associated with the event. In the case a club bus or gear trailer is being arranged, the club will cover associated costs.
6. All junior competitors and/or parent/ guardian must participate in Club rostered raffles and at least two club sanctioned fundraising activities each season. Activities include but are not limited to Cooly Rocks On, Coolangatta Gold and Qld Life Savers Appeal or other Club fundraising events.
7. For training sessions, all members are expected to:
    - Wear their hi-visibility vests
    - Arrive at LEAST 10 minutes before training and prepare and sign attendance sheet
8. Attend as agreed by the coach and actively participate, whilst enjoying the session and respecting the coach's advice.
9. Must attend regular coaching sessions and/or private swim training as agreed with the Coach.
10. Team selections will be determined on merit across the following areas:
    - Previous carnival results

- Attendance and results at Club Championship rounds
- Attendance and performance at training
- Attendance at weekly nippers – a minimum of 75% attendance at nipper days throughout the season.

11. The responsibility for selecting teams lies with the relevant Team/Age Manager(s) and Coach. Competitors will be informed prior to the competition/carnival. In the event of any dispute, the issue will be referred to Junior Activities Coordinator whose decision will be final.
12. Changes to teams are sometimes required on the day due to no show of team members, water conditions, injuries, or fatigue. This decision will be made by the relevant Team/Age Manager(s) and Coach and all affected parties will be informed as soon as possible. This can lead to disappointment but will only happen in circumstances outside of the Team/Age Manager(s) control. If a competitor is in a team event, please inform the Team/Age(s) Manager as soon as possible if you are no longer able to attend the carnival or compete in the team event.
13. Junior Competitors must compete and represent CSLSC in the approved club swim wear and uniform (as applicable).
14. Where a competitor borrows Club equipment that competitor is responsible for the safe keeping and return of that equipment in the same condition. In the case of damage to club equipment, caused by reckless behaviour or misuse of the equipment, the competitor will be liable for the associated costs of repair and/or replacement.

Within the financial means of the club, the CSLSC will provide competitors:

1. Access to coaching and training facilities for Surf Sports disciplines as they see fit.
2. Access to store the necessary equipment at the Club in accordance with the Craft Storage Policy.
3. Service, maintain and repairs to competition Club equipment including boards within the approved budget except where damage is due to reckless behaviour or misuse.
4. Payment of competition entry fees for all Surf Life Saving sanctioned events and carnivals and attend to all interstate clearances. Other events may be considered by the Board on a case-by-case basis where cost, location and number of members participating will be taken into consideration
5. CSLSC will cover the costs of transporting surf craft and IRBs to carnivals within QLD and Nth NSW. Interstate events and state representative carnivals will be considered by the Board on a case-by-case basis. The Board will make the necessary decision upon receiving a formal proposal with a minimum of two quotes attached for consideration.

As a junior competitor of Coolangatta Surf Life Saving Club, I understand and agree to the above Junior Competitors Policy.

Competitor Name_____

Competitor Signature_____Date:_____

Competitor's Parent/ Guardian Name_____

Competitor's Parent/ Guardian Signature_____Date:_____

END OF SEASON AWARDS

A presentation day for all Nippers, celebrating the season of Cooly Nippers.

SLSQ AGE AWARD

All Nippers who have achieved the minimum learning goals, as set by SLSQ, will be presented with their Age Award Certificate.

TROPHIES & MEDALS

Individual trophies, medals and awards will be presented to Nippers for outstanding achievement, effort and attitude throughout the season. Awards include:

Age Champion Award – Male & Female

Determined by the best 2 Point Score Championships with a minimum of 75% attendance at Nippers. Competing at carnivals counts as attendance.

U6/U7 Most Consistent – Male & Female

Instead of making the younger age groups about competing against each other the most consistent Nippers from these age groups will be recognised at the end of the season, so the focus remains on skill development and fun.

Age Manager Awards

Determined by the Age Manager/s in the categories of Most Improved and Club Spirit.

The Belinda Doman Medal - Champion Life Saver Award

Determined by the JAC & Chief Water Safety Officer, in consultation with U13 & U14 Age Managers. This Award acknowledges, rewards and celebrates outstanding achievement in all aspects of Surf Life Saving: including competition, active participation in weekly Nipper sessions, fundraising, club social events and supporting younger members of the club.

The Damian Ling Medal – Club Spirit Award

Nominated by the Age Managers and determined by the JAC. This award acknowledges, rewards and celebrates a nipper of any age who has displayed consistent club spirit throughout the season and embodies the ethos of Coolangatta SLSC and Surf Life Saving.

Junior Life Saver of the Year

Determined by Senior Management Committee and presented at the Club's Senior Presentation Awards.

CLUB CLOTHING

A Club Surf Cap and High Visibility Pink Rash Shirt are compulsory for all Nippers to wear every Sunday during Nipper activities, board training and at all SLSC Carnivals.

Club swimwear is available for purchase at the club, but is not compulsory at Nippers.

Please see the Clothing Coordinator for swimwear requirements.

The clothing store is open before Nippers on a Sunday. Please arrive early if making purchases.

A current clothing price list is displayed at the Club.

Club Surf Cap
High Vis Long Sleeve (Child)

Boys Club Cut
Boys Jammers ("skins")
Men's Club Cut
Men's Jammers ("skins")

Girls One Piece
Girls Two Piece
Girls Surf Shorts

Ladies One Piece
Ladies Two Piece
Ladies Surf Shorts

CHILD & YOUTH RISK MANAGEMENT STRATEGY

Creating safe and supportive service environments for children and young people is everyone's business. Coolangatta SLSC is committed to providing the highest standard of service, to ensure children and young people are kept safe from harm. Coolangatta SLSC's Child & Youth Risk Management Strategy is available to view, on request.

There is also a number of things that you, as a parent/guardian, can do to ensure that your child is in a safe environment while participating in Coolangatta SLSC activities as outlined below.

DO	DO NOT
Get involved and get to know your child's Coach/ Age Manager/ Trainer/ Supervisor. Maintain open and frank communication. Make an effort to attend training and carnivals whenever you can.	Let your child use the bathrooms unsupervised. If you are unable to use the male or female bathroom please use the middle inclusive toilet/shower.
Speak out when you hear language or attitudes that contribute to a negative or unsafe environment. You should, where appropriate, pursue your issues with the Club's Executive.	Put Coaches/ Age Managers/ Trainers on pedestals. Tell your children it's okay to say 'no' if the Coach/ Age Manager/ Trainer is doing something that makes them feel uncomfortable.
Seek approval from the Team Manager/ Age Manager/ Supervisor when you wish to interact with your child/children during team/group activities, especially if you wish to deviate from the group activity or program.	Accept any suggestion of private, closed training sessions. If they do occur ask the coach/trainer for an explanation.
If things occur that disturb you, talk to the Coach /Age Manager / Trainer / Supervisor about them.	Sling verbal abuse at officials, coaches, age managers or others.
Monitor closely any increases in the amount of time the coach/trainer spends with your children beyond the training/ activity session.	Ridicule your child for making a mistake.
Encourage your child to play by the rules.	Drop your child at Nippers and leave. There must be a parent in attendance at all times.
Limit communication, where possible, via social media messaging (such as text, email, Facebook or Instagram) between your child and their Coach/ Age Manager/ Trainer	Fully undress in the bathrooms unless you are in a cubicle, this applies to both adults and children. No nudity in the public area of the bathrooms as per the Child Safe requirements.
Avoid unsupervised activities/ circumstances e.g. If you will be late picking up your child, arrange for another parent or guardian to wait with your child until you arrive.	

Know and abide by the Members Code of Conduct and encourage others to do the same.

COOLANGATTA SLSC
STATEMENT OF COMMITMENT

Coolangatta SLSC is committed to safeguarding children and young people in our membership. We acknowledge that a child-safe organisation doesn't just happen; it requires conscious effort to protect children and young people from harm.

Coolangatta SLSC will work together to ensure a safe and inclusive environment for all children participating in our community. We recognise that our staff, volunteers and members must understand the important responsibilities they each have in relation to child safety. Every person bound by this Statement of Commitment must always place the safety and welfare of children and young people above all other considerations.

Several measures will be used to achieve this such as:

- Prohibiting any form of abuse against children;
- Providing opportunities for our juniors to contribute to and provide feedback on our program development;
- Carefully selecting and screening people whose role requires them to have regular contact with children;
- Ensuring our Code of Conduct for people in positions of authority, is promoted and enforced particularly for roles associated with junior sport;
- Providing and promoting avenues for raising concerns or complaints;
- Providing regular education and/or information to those involved in lifesaving on child abuse and child protection; and
- Ensuring safeguarding policy and procedures are communicated and understood by relevant staff and members.

Coolangatta SLSC requires that if anyone bound by this Statement of Commitment reasonably suspects that a child within our organisation, has been or is being abused, to report it immediately to the police or Department of Communities Child Safety and Disability Services, and to the association's Safeguarding Children and Young People online reporting portal.

All allegations of child abuse will be dealt with promptly, seriously, sensitively and confidentially. A person will not be victimised for reporting an allegation of child abuse and the privacy of all persons concerned will be respected.

Together we commit to provide an environment where children feel safe, respected and valued. As the President of Coolangatta SLSC, I hereby sign this Statement of Commitment on 25 July 2026.

Belinda Doman
President
Coolangatta SLSC

QUEENSLAND

CODE OF CONDUCT
FOR MEMBERS

Members and all people involved in any way with SLS will:

a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself;
b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations;
c) Be professional in, and accept responsibility for your actions;
d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others;
e) Raise concerns arising under this Policy through the appropriate channels and report any breaches of the Code or this Policy, in line with the Complaint Resolution Policy via http://complaints.sls.com.au/;
f) Refrain from any form of abuse, harassment, discrimination and victimisation towards others;
g) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy;
h) Ensure SLS is an inclusive organisation that is open to all who wish to participate regardless of age, gender, disability, cultural and linguistic background or sexual orientation;
i) Provide a safe and nurturing environment for all participating in SLS by actively promoting the principles of equal opportunity, social justice and cultural safety so that all individuals are treated with respect and dignity;
j) Show concern, empathy and caution towards others that may be sick or injured;
k) Strive to be a positive role model to all;
l) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information;
m) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s);
n) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development;
o) Refrain from intimate relations with persons over whom you have a position of authority;
p) Maintain a duty of care towards others;
q) Be impartial and accept the responsibility for all actions taken;
r) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS;
s) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner;
t) Report any breaches of the codes or this policy to the appropriate PPA;
u) Agree to abide by the codes; and
v) Understand the possible consequences of breaching the codes and/or this policy;

Person in Position of Authority (PPA):

PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

COURSES

Coolangatta SLSC encourages members to enrol in courses to assist with Nipper Activities and develop their surf lifesaving and life skills. There are courses for all skill levels. The Club covers the cost of many courses for Associate and Active members.

"The Bronze Medallion course provides participants with the skills and knowledge of patrolling and surf awareness in order to be able to participate in lifesaving operations. This is the core award to be a surf lifesaver in Australia."

"The Surf Rescue Certificate (SRC) provides participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations and act in the role of Water Safety Personnel."

Parents are encouraged to complete a Bronze Medallion or SRC during the season to become Water Safety Personnel. For further information, or to register your interest, please speak to the Nipper JAC, a Committee Member or email the Chief Training Officer - cto@coolangattaslsc.com.au

COURSE	DATE/S	TIME	LOCATION & CONTACT DETAILS
Officials Course @ PDB	05 August 23 September 14 October 04 November 17 November 01 December 16 December	6:00pm	**Where:** Point Danger Branch Office **Phone:** 07 5534 6077 **Email:** pdbsurf@slsqpointdanger.com.au
Skills Maintenance (Proficiency for BM, SRC and Observers award holders)	20th September 24th October 22nd November 5th December	8.00am 8.00am 10.30am 8.00am	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au
Age Manager Course or Observers Course	Anytime	Complete course online & advise office	**Where:** https://hub.sls.com.au/ **Phone:** 07 5536 8474 **Email:** office@coolangattaslsc.com.au
U14 Nipper's Surf Rescue Certificate	Watch socials and emails for dates	8:00am all days	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au
Bronze Medallion/Surf Rescue Certificate	5th – 19th of September.	Varying times.	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au
SSV & Tractor Induction	Watch socials and emails for dates	TBC	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au
First Aid Course	Watch socials and emails for dates	TBC	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au
Advanced Resuscitation Techniques	Watch socials and emails for dates	TBC	**Where:** Coolangatta SLSC **Phone:** 07 5536 8474 **Email:** cto@coolangattaslsc.com.au

MANDATORY REQUIREMENTS	
RENEWING MEMBER Online membership & payment	Renew online via the SLSA Hub https://hub.sls.com.au/ (PLEASE NOTE THE SYSTEM WILL DO A FORCED PASSWORD UPDATE) 1. renew membership >Memberships>Family Groups, select season from dropdown>tick box next to family member name>select membership type> & Transfers>Make payment
NEW MEMBER Online membership & payment	Join online at https://hub.sls.com.au/ Scroll to bottom of page>Sign Up>Create SLS Hub Account>ensure you join **Coolangatta SLSC** >follow prompts and pay membership
Minimum Nipper age	Must be 5 by 30th September. Can join once they turn 5 but must repeat U6 the following season ie. Nipper turns 5 on 19 November, can join on 19 November but must do U6 age group again the following season.
Nipper Membership	Nipper member must have at least 1 parent/guardian join as a member and membership paid
Member Identification	All members must provide identification – Birth Certificate, Passport, Drivers Licence
Blue Card	All members 18+ who hold a position of authority are required to have, and maintain, a current Blue Card (or Exemption). A Queensland Traffic and Main Roads (TMR) customer reference number (CRN) is required before you apply for a Blue Card. Detailed application instructions are available at the Club.
Child Safety Award	All members 18+ who hold a position of authority ie Age Managers, BBQ helpers, Water Safety etc must complete their Child Safety Award via the SLSQ Education Hub https://hub.sls.com.au/ SLSA Hub>Applications>eLearning>Login to SLSQ Hub>Click on Child Safety Awards on the left hand side of the home screen

Members 18+ in position of authority – "a critical relationship, in which an individual is dependent upon another individual in a position of power and/or trust for safety, and fulfillment of needs" ie Committee members, Age Managers, Coaches, Trainers, Water Safety, Patrol members etc.

USEFUL CONTACTS & LINKS INFORMATION

Website	coolangattaslsc.com.au	
Phone	07 5536 8474	
Address	Cnr Dutton St & Marine Pde Coolangatta Qld 4225	
Nipper Resources	SLSQ Website https://lifesaving.com.au/junior-activities-centre	• Junior Education - Age Guides • Junior Policies • Junior Skills Evaluation • Frequently Asked Questions
Facebook	Coolangatta SLSC Nippers	(Closed Group)
	Coolangatta SLSC Members Page	(Closed Group)
	Coolangatta SLSC	(Public Page)
Junior Activities Chairperson (JAC)	jac@coolangattaslsc.com.au	Claire Hicks
Nipper Secretary	nippers@coolangattaslsc.com.au	Lauren Kimmins
Senior Club Treasurer	treasurer@coolangattaslsc.com.au	Damian Ling
Youth Development	youthdevelopment@coolangattaslsc.com.au	Tristan Browning
Office Administrator	coolyadmin@coolangattaslsc.com.au office@coolangattaslsc.com.au	Ella Peluso Gab Kinneally
Chief Training Officer (CTO)	cto@coolangattaslsc.com.au	• Training Courses Mark Gardiner
Member Protection Information Officer	mpio@coolangattaslsc.com.au	• First point of contact if you have a concern you would like to discuss
Complaints Manager	complaints@coolangattaslsc.com.au	Joel Kinneally
SLSA Hub portal	https://hub.sls.com.au/	• Join a surf club • Membership Renewal • Online Courses including: – Age Manager Course – Officials Course – Observers Award • Update Personal Details • Awards • Patrol Roster
Surf Life Saving Qld	https://lifesaving.com.au/	
Point Danger Branch	https://pointdanger.com.au/	

THE COOLANGATTA NIPPER VISION STATEMENT

(intended for all Junior Activities participants)

"At Coolangatta, YOU matter"

This motto/slogan serves as a guiding principle that reflects the core values and commitment to inclusivity and support within Coolangatta Nippers.

1. Maintain a family-friendly, inclusive, and transparent environment.
2. Always be accessible for concerns or questions.
3. Foster a welcoming atmosphere where everyone feels valued.
4. Encourage teamwork and support among all involved.
5. Promote sportsmanship and positivity.
6. Provide skill development for all.
7. Create memorable experiences and Friendships.
8. Seek continuous feedback for improvement.
9. Embrace diversity and celebrate unique talents.
10. Prioritize safety in all activities.
11. Have respect for the natural beach environment.
12. To lead with encouragement, instilling confidence, and self-worth.
13. Support the broader life-saving community.

Coolangatta SLSC would like to thank all our sponsors and partners for their ongoing support.
Please show your appreciation by supporting our sponsors and partners.

CITY OF GOLDCOAST.
Queensland Government
SURF LIFE SAVING QUEENSLAND
SURF LIFE SAVING
PDB SLSQ Point Danger Branch Inc.
COOLANGATTA SURF CLUB